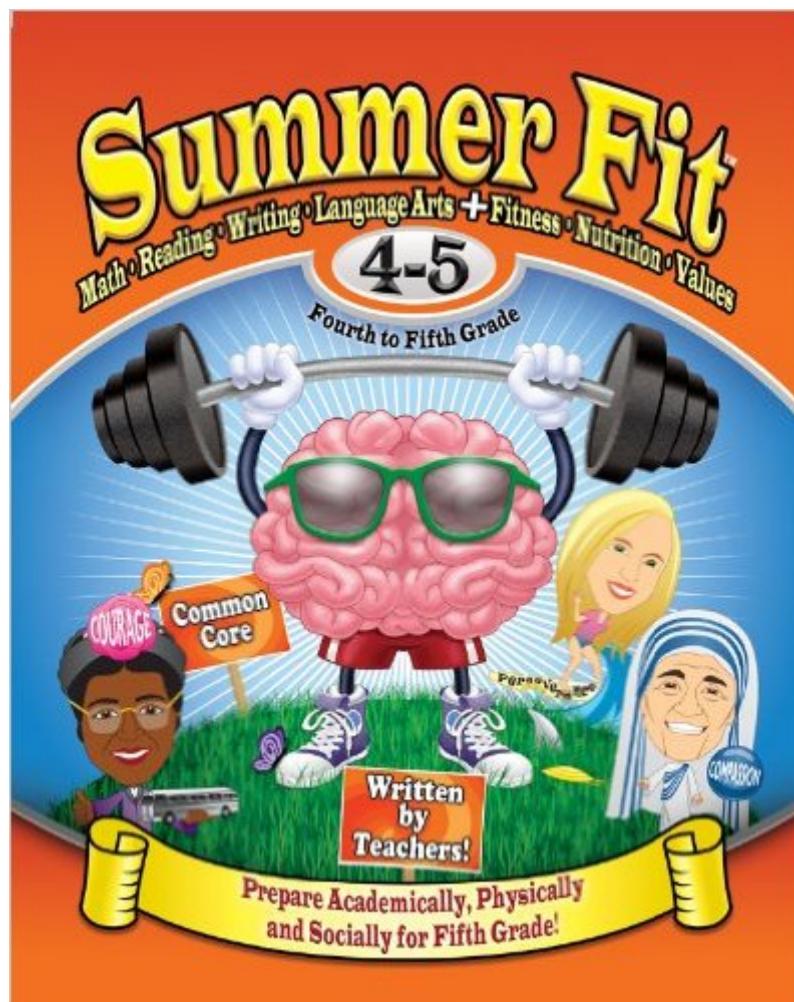


The book was found

# Summer Fit Fourth To Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition And Values



## **Synopsis**

Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Rosa Parks, Bethany Hamilton and Mother Teresa help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. \* Based on Common Core: math, reading, writing, language arts and science \* Exercises jump start the recommended 60 minutes of daily movement and play \* Role models reinforce core values, good character and social skills \* Integrated academics and physical activities reinforce the importance of the body-brain connection \* Free digital downloads

## **Book Information**

Series: Summer Fit (Book 9)

Paperback: 176 pages

Publisher: Summer Fit Learning; 1 edition (March 1, 2013)

Language: English

ISBN-10: 0976280000

ISBN-13: 978-0976280002

Product Dimensions: 8.3 x 0.5 x 10.8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ  See all reviewsÂ (41 customer reviews)

Best Sellers Rank: #259,770 in Books (See Top 100 in Books) #40 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #65 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #231 inÂ Books > Education & Teaching > Schools & Teaching > Parent Participation

Age Range: 9 - 11 years

Grade Level: 4 - 6

## **Customer Reviews**

Mommy Bookworm's Thoughts: When I was contacted about this workbook, I chose to review the Fourth to Fifth Grade one because Daisy Bookworm just finished 4th grade and will be entering 5th

in August. (I received the book for free in exchange for my honest review.) I like how they have a Parent section in the beginning of the book to explain the different activities and give parents pointers on helping their children continue learning in the summer. I love how the workbook is not JUST workbook pages. At the top of each day, there is an exercise activity - like "dance for 5 minutes" - and then it also says the child should read for 20 minutes each day and work on the workbook pages each day. The activities vary from day to day so it's not just the same thing day in and day out. Children could do everything at once in probably an hour a day, or they could spread out different activities throughout the day to play some and study some. It's not as intense as going to school all day, but it's enough to keep their minds actively learning and reviewing skills learned previously. I feel it is very well-rounded and can keep the child's interest. They also have some supplementary activities, like book lists and downloadable activities on the website. The workbook is set up in such a way that children could either do the activities on their own or parents could work with them to complete the workbook pages. Depending on the parents' interest and time, they could even make the activities more creative to learn or review than just doing the worksheets. I think there are a lot of opportunities with the way the workbook is set up. My daughter has only been able to do one week so far because of when we received the book, but has enjoyed it and we plan on working in it the rest of the summer too.

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